



City of San Gabriel

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FOR IMMEDIATE RELEASE

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FREE COMMUNITY TRAINING AT SIDEWALK CPR DAY JUNE 2

SAN GABRIEL, CA – The San Gabriel Fire Department, along with the South Pasadena and San Marino Fire Departments, will host free hands-only CPR training in conjunction with the county-wide Sidewalk CPR Day on Thursday, June 2.

The three fire departments will join more than 90 others across Los Angeles County in providing free training to community members. Last year, more than 17,000 people participated in Sidewalk CPR Day and learned how to save a life in just five minutes with a quick lesson from local firefighters.

Training residents to perform hands-only CPR helps increase the chances of survival because CPR provides the ongoing blood flow needed to keep the patient alive during the most critical minutes right after a sudden cardiac emergency. Performing CPR also allows emergency responders to be more efficient once they arrive.

The San Gabriel event will be from 9:30 a.m. to 1:30 p.m. in the Dance Room at the San Gabriel Community Services Department Recreation Center, 250 S Mission Drive. The San Marino event will be held at Starbucks, 2265 Huntington Drive, San Marino, and the South Pasadena event will be held at the South Pasadena Fire Department Headquarters, 817 Mound Ave., South Pasadena.

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